



KNOW THE SIGNS. SAVE YOUR LIFE.

Complications during or after pregnancy can be serious and life-threatening

Scan the QR code to access life-saving info in seconds.



- **Urgent Maternal Warning Signs** - symptoms to know and contact your health care provider to get help right away.
- **Advocacy Language** - words to help you speak up and be heard when seeking care.
- **Real Stories** - hear from people who've been through it.
- **And More!**

SCAN HERE



How to Save to Your Phone

No app. No download. Just one tap access.

For iPhone: Scan QR code and choose: 
Scroll down, select **"Add to Home Screen"**
appears, click on:  Tap **"Add"**

For Android: Scan QR code and choose: 
Scroll down, select **"Add to Home Screen"**
Tap **"Add"**



You know your body. If something feels off, don't wait - get care fast!

SCAN HERE



For patient education purposes only, and does not substitute for medical professional advice.